It is with mixed emotion that I write my last President’s message as my term comes to a close. It has been an honor to work with the leadership within the Component. The opportunity to work with a wonderful board and serve our members has been a privilege. Together through the challenges, we have made CBSPAN a successful Component and for that I am grateful.

In April I had the opportunity to represent CBSPAN at ASPAN’s 34th National Conference in San Antonio Texas. The theme was “Igniting Professionalism: Excellence in Practice, Leadership and Collaboration.” I enjoyed the remarkable speakers, as well as meeting new nurses. One of the highlights of the conference was seeing our own Lynnae Elliott receiving the ASPAN Clinical Excellence award. Another highlight included CBSPAN receiving ABPANC’s Shining Star Award. ABPANC recognizes ASPAN Components for supporting and encouraging CPAN and CAPA certification at the local level with the Shining Star Award. This demonstrates to ASPAN that CBSPAN is one of the best Components.

As summer approaches and I pass the torch at our Leadership Transition meeting this summer, I reflect on my journey filled with networking, and promoting education, research and membership. We are fortunate to be a part of this era of PeriAnesthesia nursing. I hope all of you seize the moment to grow and challenge yourselves. The best gift you can give yourself is involvement in the future.

Save October 10, 2015 for CBSPAN’s Fall Seminar, hosted by the Western Maryland District. It promises to be an exciting event with interesting topics, informative speakers and opportunities for learning and networking with old friends and colleagues. You also will have the opportunity to meet the incoming President Chris Skinner, and Vice-President, Kathy Steindl.

In closing, I want to thank all of you. It is an honor to be part of CBSPAN. I will forever be grateful, not only for the things I learned, the many places I visited, the wonderful people I met, the friendships I made, but most of all for the challenges that come with the position. It has given me the confidence and courage to step out of the ordinary and to seek more challenges for achieving professional growth. I feel blessed to have been part of such a great organization.

I wish all the best to each of you and thank you for allowing me to represent you.
<table>
<thead>
<tr>
<th>Position</th>
<th>Name</th>
<th>Email</th>
</tr>
</thead>
<tbody>
<tr>
<td>President</td>
<td>Nickcole Price, BSN, RN, CPAN, CAPA</td>
<td><a href="mailto:nikkprice4me@gmail.com">nikkprice4me@gmail.com</a></td>
</tr>
<tr>
<td>Vice President</td>
<td>Vacant</td>
<td></td>
</tr>
<tr>
<td>Secretary</td>
<td>Kathy Steindl, RN, CAPA</td>
<td><a href="mailto:kathysteindl@bayhealth.org">kathysteindl@bayhealth.org</a></td>
</tr>
<tr>
<td>Treasurer</td>
<td>E Chris Skinner, MSN, RN, CAPA</td>
<td><a href="mailto:eskinner@christianacare.org">eskinner@christianacare.org</a></td>
</tr>
<tr>
<td>Immediate Past President</td>
<td>Diane Swintek, BSN, RN, CPAN</td>
<td><a href="mailto:dinah613@gmail.com">dinah613@gmail.com</a></td>
</tr>
<tr>
<td>Region Five Director</td>
<td>Sarah Cartwright BA, RN, CAPA</td>
<td><a href="mailto:scartwright@aspan.org">scartwright@aspan.org</a></td>
</tr>
<tr>
<td>Baltimore District President</td>
<td>Joy Lazo MS, RN, CPAN</td>
<td><a href="mailto:mlazo1@jhmi.edu">mlazo1@jhmi.edu</a></td>
</tr>
<tr>
<td>District of Columbia District President</td>
<td>Margaret Young, BSN, MDiv, RN, CPAN, CAPA</td>
<td><a href="mailto:mfy1@gunet.georgetown.edu">mfy1@gunet.georgetown.edu</a></td>
</tr>
<tr>
<td>Eastern Shore District President</td>
<td>Susan Volk, MSN, RN, CCRN, CPAN</td>
<td><a href="mailto:svolk@christianacare.edu">svolk@christianacare.edu</a></td>
</tr>
<tr>
<td>Western Maryland District Co-Presidents</td>
<td>Lynn Drury, MSN, RN</td>
<td><a href="mailto:blynnndrury@gmail.com">blynnndrury@gmail.com</a></td>
</tr>
<tr>
<td>Trish Bodine</td>
<td></td>
<td><a href="mailto:pbodine@adventisthealthcare.com">pbodine@adventisthealthcare.com</a></td>
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<tr>
<td>Governmental Affairs</td>
<td>Seema Hussain, MS, RN, CAPA</td>
<td><a href="mailto:seema_hussain4@yahoo.com">seema_hussain4@yahoo.com</a></td>
</tr>
<tr>
<td>Research/EBP Chair</td>
<td>Graze Bautista, BSN, RN, CPAN</td>
<td><a href="mailto:grzbautista@gmail.com">grzbautista@gmail.com</a></td>
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<tr>
<td>Ways and Means</td>
<td>Vacant</td>
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<tr>
<td>Website Manager and Newsletter Editor</td>
<td>Connie Gull, MPP, BSN, RN, FCN</td>
<td><a href="mailto:jeeplady@thegulls.com">jeeplady@thegulls.com</a></td>
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</tbody>
</table>

**Mission Statement**

The Chesapeake Bay Society of PeriAnesthesia Nurses promotes quality and cost effective care for patients, their families, and the community through public and professional education, research, and standards of care.

Minutes from the CBSPAN Board Meetings, the Bylaws, Strategic Plan, Treasurer’s Reports, upcoming meetings and seminars are available on the CBSPAN website:

www.cbspan.org
CBSPAN Treasurer’s Report

March 25, 2015

CHECKING $7267.06
CD $10464.02
TOTAL $17,731.08

1. A total of 4 scholarships were awarded in February-March. (L. Elliott, C. Gull, K. Steindl, C. Skinner) - 3 checks outstanding

2. A monetary award was announced at PANAW Seminar. The President’s Award went to C. Skinner - 1 check outstanding

3. The Component President and another board member were given funding to attend National Conference in April to represent CBSPAN at the Representative Assembly.

4. ASPAN was given a gift from CBSPAN in support of National Conference for $1000.00. CBSPAN donated $500.00 for Hail, Honor, Salute Program of ASPAN in honor of Kathy Steindl for all of the work she has done as our secretary. She will be recognized at the Development Reception at National Conference. (Letters from ASPAN received)

5. Event Brite made deposit to CBSPAN from PANAW Seminar of $2070.88. A check for $1000.00 was mailed to DC District as host of the seminar – 1 check outstanding

6. Citrix Go TO Meeting was paid in March. It is a quarterly bill of $405.00. and automatically debited from the account.

7. I-Contact is currently monthly charge at $15.20 and automatically debited from the account.

8. February dues were deposited in March for $1325.00.

9. I received the Cash and Reconciliation Statements from all districts. Thank you Diz, Dustin, Mel, and Peggy! CBSPAN Federal Taxes will be filed in April. It is anticipated that the cost will be $250.00. (Estimated)

10. I received a notice of automatic renewal for the D&O Liability Insurance, due 5/1/2015 for $645.00. A discussion and vote will occur at next BOD meeting.

11. I – Contact discussion and vote from monthly billing to annual for cost saving at the next BOD meeting.

Respectfully submitted,
Chris Skinner MSN, RN, CAPA
CBSPAN Treasurer

CBSPAN received the ABPANC Shining Star Award at the ASPAN National Conference for supporting and encouraging CPAN and CAPA certification at the local level.
"Igniting Professionalism: Excellence in Practice, Leadership and Collaboration" was the theme for ASPAN's 34th National Conference in San Antonio, Texas.

On Saturday afternoon, we had an opportunity to "Meet the Candidates", those persons aspiring to leadership positions on ASPAN's Board of Directors and the nominating committee. This was an opportunity to listen to the candidates, their ideas and their goals for the future of ASPAN.

As a member of the Representative Assembly (RA), I represented CBSPAN in ASPAN's 18th Representative Assembly. The informal session of the Representative Assembly, facilitated by ASPAN's President, Jacquie Crosson, MSN, RN, CPAN, was held in the morning. During this session, resolutions, questions, and topics related to ASPAN were discussed. The candidates for National Office gave their presentations. The formal session of the Representative Assembly was held in the afternoon. The elected candidates were announced and resolutions for our nursing specialty were passed or withdrawn.

For Component Night, the theme was "Boogie Back to Texas". Components created decorated booths to support the theme. There was food galore-Texas style, raffles, cash prizes and plenty of dancing.

Opening ceremony was Monday, April 27, 2015. The keynote speaker, Craig Clapper, spoke on "Excellence in Theory is Leadership in Practice". He talked about best practices are only effective if those best practices become practice habits within the institution. The CPAN/CAPA luncheon at noon recognized all of the certified nurses within Perianesthesia nursing and other nursing specialties.

The core program at the National Conference provided attendees the opportunity to receive between 30 to 40 contact hours. CONGRATULATIONS to our DC District nominee, Lynnae Elliotte BSN,RN, MSN, CPAN, CAPA, CCRN, who was elected the winner of the ASPAN 2015 Excellence in Clinical Practice Award! We are so proud of you!

The DC District is hosting a half day seminar at Washington Hospital Center on Saturday, June 27, 2015. Onsite registration will begin at 7:30 am. The fee is $10.00. The speakers are both a part of our CBSPAN family and are also past Presidents of ASPAN. Dina A. Krenzischek PhD, RN, CPAN, FAAN and Chris Price MSN, RN, CPAN, CAPA will discuss the Joanna Briggs Institute (JBI) database and tools and the 2015-2017 Peranesthesia Nursing Standards. Contact hours will be awarded at the end of the seminar.

Thank you to all of the DC members who renewed their membership this quarter. To our new members, we welcome you to our local nursing specialty organization. We need your support, participation and ideas. If I can be of assistance in any way, please contact me via the CBSPAN website or email at: mfy1@gunet.georgetown.edu
Winner of ASPAN’s Clinical Excellence Award

Congratulations to Lynnae Elliotte MSN, RN, CPAN, CCRN, from CBSPAN’s D.C. District, seen as she is presented ASPAN’s 2015 Clinical Excellence Award by Jacque Crosson, MSN, RN, CPAN, ASPAN’s 2014-2015 President, at the closing ceremony of the 34th ASPAN National Conference in San Antonio, Texas.

CBSPAN is so proud of you and all that you have brought to the profession of perianesthesia nursing!
Western Maryland District Update
Trish Bodine, BSN, RN, CPAN
District Co-President

We send our congratulations to Lynnae Elliotte for being chosen for the Clinical Excellence Award by ASPAN. We’d also like to report that Western Maryland also had a finalist for this award: Judy Chambers MS, RN, CAPA, Perioperative Nurse Manager at Shady Grove Medical Center. She was nominated for her excellence in team work to promote best practices in patient care.

June 13th will be the Western Maryland district's quarterly meeting. It will be held at Robinwood Professional Center from 9-12 noon. The topics will include a review of the events at National conference.

We are excited to announce progress on Fall Seminar plans. We have all of our speakers in place, the venue at Hood College is set, breakfast and lunch are to be served, the seminar will offer at least 6 and possibly 7 CEUs. We invite each district to start thinking about and planning their raffle baskets now. We will also have vendors from ABPANC, pharmaceuticals, supplies, and fun stuff! If you have a recommendation of a vendor we are open. We are enlisting volunteers now for the day of the event to assist with registration, door prizes, agendas, and information table.

Highlights from the 34th ASPAN National Conference
Chris Skinner MSN, RN, CAPA
CBSPAN Treasurer

I was fortunate to attend the ASPAN National Conference in San Antonio, in April. I enjoy networking with fellow perianesthesia nurses, as well as gathering great ideas for PI projects and new information to take back to colleagues at work.

This year, I was a member of the gallery at the Representative Assembly on Sunday before the conference began. Two representatives from each component, vote for candidates for national office. There are lively discussions regarding resolutions brought forth to the RA and board of directors. This year was no exception. I was honored to be sitting with many of the past national presidents in the gallery.

Officers, committee chairs and representatives of ASPAN were presented at opening ceremonies. To look around and see over 2000 perianesthesia nurses was exciting. Educational offerings were varied and provided opportunities for any nurse in pre or post-op settings.

There were opportunities for fun too! The Fiesta is a two-week celebration special to San Antonio. The weekend before the conference was the end of this celebration, with parades and special entertainment. ASPAN celebrated Component Night and the President’s Reception for conference attendees. Sightseeing in the host city of the conference also provides a respite from educational offerings.

I would encourage you to consider going to an ASPAN National Conference. There are scholarships available through the component, the districts, and the national office. Once you attend, you will be hooked!
A corneal abrasion is a scratch that occurs on the clear covering over the front of the eye. Signs and symptoms of a corneal abrasion include tearing, sensation of a foreign body in the eye, blurred vision and pain. Despite efforts to protect the eyes during the perioperative period, incomplete eye closure, tape or face masks in contact with the eye, and patients rubbing their eyes while awakening from anesthesia are examples of reasons causing corneal abrasions during the surgical period. As the patient awakens from anesthesia and becomes aware of the pain and discomfort associated with this condition, the PACU nurse is often the first clinician to detect a suspected corneal abrasion.

Traditionally, the practice for dealing with a suspected corneal abrasion in our Adult PACU has been to notify the attending or covering anesthesiologist who would arrange an ophthalmology consult. These consults could sometimes be delayed, thus leading to prolonged patient discomfort and delayed treatment. In an effort to improve our patient experience and expedite care to our patients, a Corneal Abrasion Protocol was developed by the Ophthalmology Department with input from anesthesia and PACU nursing staff.

The UMMC PACU Corneal Abrasion Protocol begins with a list of exclusion criteria. An ophthalmology consult is obtained for the patient who falls into the exclusion criteria and is experiencing eye pain. For any other patients experiencing eye pain in the PACU, anesthesia is notified to order Proparacaine 0.5%HCl ophthalmic solution. The nurse instills one drop to the affected eye. After 15 seconds, if eye pain significantly improves or resolves, an order is placed to apply Erythromycin 0.5% ophthalmic ointment (or an alternative if allergies present) QID to affected eye until discomfort resolves. If the pain does not improve after instillation of Proparacaine solution, an ophthalmology consult is obtained. Follow up care after treatment for a suspected corneal abrasion is determined by whether the patient is an inpatient or is being discharged home. Inpatients are to be evaluated by Ophthalmology within 24 hours. Patients being discharged home are given a Patient Information sheet which includes instructions with the location as well as other information regarding clinic follow up within 1-2 day after discharge.

The pain and discomfort associated with a suspected corneal abrasion can lead to increased levels of patient anxiety and patient dissatisfaction if treatment is delayed. Our goal in the UMMC PACU is to use this newly developed and approved Corneal Abrasion Protocol to allow nurses to obtain the orders needed to treat suspected corneal abrasions in a timely manner and thus improve patient experience and comfort.
The Western Maryland District of the Chesapeake Bay Society of PeriAnesthesia Nurses
Along with The Hood College of Nursing Invite you to...

Our Fall Conference...
Reignite Your Passion!!

Saturday, October 10th, 2015

**Location:** Hodson Auditorium in Rosenstock Hall at Hood College, Frederick, MD 21702

**Registration:** 0730; Program: 0800-1545; Evaluations: 1545-1600; Breakfast and Lunch included

**Agenda**

<table>
<thead>
<tr>
<th>Time</th>
<th>Topic</th>
<th>Speaker</th>
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<tbody>
<tr>
<td>08-09</td>
<td>Global Budget: Reimbursement and Total Payment Reimbursement: The Role of Nursing</td>
<td>Jesus Cepeda, RN</td>
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<tr>
<td>09-10</td>
<td>Pediatric Considerations</td>
<td>Nancy McNeill, RN</td>
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<tr>
<td>10-1030</td>
<td>Break</td>
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<tr>
<td>1030-1130</td>
<td>Disruptive Behavior</td>
<td>Sharon Chilton, RN</td>
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<tr>
<td>1130-1230</td>
<td>Lunch</td>
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<tr>
<td>1230-1330</td>
<td>Advances in Trauma Practice; Military Influence</td>
<td>Margaret McNeill, RN</td>
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<tr>
<td>1330-1430</td>
<td>Robotics</td>
<td>Margaret Tolbert, RN</td>
</tr>
<tr>
<td>1430-1445</td>
<td>Break/Drawings</td>
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<tr>
<td>1445-1545</td>
<td>Regional/Spinal Anesthesia</td>
<td>Mark Seymour, MD</td>
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<tr>
<td>1545-1600</td>
<td>Evaluations</td>
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**Registration Fees**

- **$75** Early Bird – Before September 10th, 2015
- **$65** Early Bird – Before September 10th, AND CPAN/CAPA Certified
- **$40** Half Day
- **$105** After September 10th
- **$95** After September 10th, CPAN/CAPA Certified
- **Free** Hood Nursing Students with Student ID
- **$25** Other Undergraduate Nursing Students with Student ID

4 or more registrations in the same envelope: Take $10 off each

For additional information and registration form, please go to [www.cbspan.org](http://www.cbspan.org)
Did you know.....

The ASPAN Development funds scholarships for ASPAN members to pursue further education, certification, attendance at National Conference? Professional education, national advocacy and evidence-based research is also supported. One avenue for supporting ASPAN Development is through the Hail, Honor, Salute! Program in which you may honor a group or individual by your contribution. For additional information and a form to use for contributions, click on [http://www.aspan.org/AboutUs/Development/HailHonorSalute](http://www.aspan.org/AboutUs/Development/HailHonorSalute)

ASPAN’S 35th National Conference
Philadelphia, PA
“Renew Perianesthesia Passion: Inspire Excellence”
April 10-14, 2016

NEW!!
APSPAN’S 2015-2017 Perianesthesia Nursing Standards, Practice Recommendations, Interpretive Statements

ASPAN DEVELOPMENT
A wonderful way to recognize a co-worker or colleague

**Hail, Honor, Salute**

**Levels of donation:**
Hail---$750 or above
Honor--$250-$749
Salute--$25-$249

**Legacy for Life**
This program is open to all individuals and components to foster ongoing support for the preservation and advancement of the Society.

Individuals who reach $5000 and components that reach $10,000 become members of the Legacy for Life program
ASPA

Recruiter of the Year Award
It’s a new year but not too early to start recruiting!!!

Encourage a colleague to join ASPAN today! Obtain membership applications by contacting the ASPAN National Office toll free at (877) 737-9696 or emailing dhanisch@aspan.org. Request as many copies as you’d like! Also, be sure to write in your name as the recruiting member on every application you provide.

Campaign Award

Five names (one from each Region) are randomly drawn each quarter. Winners receive an award of their choice from Tier One of the Rewards Campaign. Recruit 4-9 new ASPAN members in 2014 and receive an award of your choice from Tier One.

Recruit 10 or more new ASPAN members in 2014, and receive an award of your choice from Tier Two. The Recruiter of the Year, the individual who recruits the most members during the course of the year will win one free year of ASPAN membership (non-transferable), one free 5-day registration to the 2015 ASPAN National Conference (non-transferable), and a commemorative plaque.

ASPA

Member-Get-A-Member Recruiter Standings
For CBSPAN
June 30, 2015

1 - Arinola Omolola Diya, BSN, RN
2 - Beatrice M Hazzard, BSN, MS, RN, CPAN
2 - Celine Marie Pico, BSN, RN, CAPA
1 - Diane Swintek, MSN, RN, CPAN
2 - Eugenia C Judge, BSN, RN, CPAN
1 - Exequiela Oller Sison, BSN, RN, CPAN
1 - Jennifer M Allen, MSQSM, RN, CPAN
1 - Juliann Rene Pejza, RN
1 - Karen Jean Berisford, RN, CPAN
2 - Margaret Farr Young, BSN, MDiv, RN, CPAN, CAPA
1 - Marie Graziela F Bautista, BSN, RN, CPAN, CAPA
2 - Mellaknese A Coker, BSN, RN, CAPA
1 - Pamela C Williams, RN, CPAN
1 - Patricia T Bodine, BSN, RN, CPAN
1 - Seema S Hussain, MS, RN, CAPA
1 - Suellen W Wilkins, MSN, RN, CPAN
1 - Susan L Weaver, MSN, RN, CNS

Dates to remember:

July 18, 7:30 am
CBSPAN BOD meeting
Christiana Hosp, Newark, DE

Sept 26
Baltimore District Meeting
Place TBD
1/2 day seminar

Oct 10
CBSPAN Fall Seminar
Hood College
Frederick, MD
www.cbspan.org for more info

April 10-14, 2016
ASPA
National Conference
Philadelphia, PA

Enjoying lunch at the Component get-together
Margaret Young, Diane Swintek, Nikki Price
## Fees

**Beginning with Spring 2015 Examination and Recertification Cycles:**

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<th><strong>Recertification Fees:</strong></th>
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### Certification Exam Registration & Administration

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<td>Registration Window - Online</td>
<td>July 13 - September 7</td>
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<tr>
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<tr>
<td>Regular Exam Fee</td>
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<tr>
<td>Examination Administration window</td>
<td>October 5 - November 28</td>
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</table>

### Newly certified nurses, Spring 2015:

**MD-CPAN:**
- Marlene Price
- Rashidah Francisco
- Stacey Ritter
- Paula Casini
- Joannikia Dean
- Kathleen Mell
- Arlis Chihak
- Juliann Pejza
- Jennifer King

**CAPA:**
- Jo Ann Shelley
- Timothy McGraw

**Dual:**
- Georgia Jattly
- Evelyn Taruc

**DE-CPAN:**
- Kathi Breeding
- Sherri Ferry
- Heidi Baustert
- Jessica Soja
- Kimberly Wilkinson
- Susan Weaver
- Alisha Dancy
- Tina Velasco-Greer

**CAPA:**
- Sheila Norris
- Brieanne Wetter
- Joy Coleman

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### ABPANC Offers New CPAN/CAPA Study Question of the Week

Check out the new Study Question of the Week on the ABPANC website at [www.cpancapa.org](http://www.cpancapa.org). Each week ABPANC will post a new CPAN or CAPA study question with the previous week’s answer. Nurses can also subscribe to receive the questions via email, or find them on the ABPANC Facebook page at: [www.facebook.com/abpanc](http://www.facebook.com/abpanc)

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### ABPANC Scholarship Program

There are scholarships available each year for perianesthesia nurses to obtain:

- Certification fees ($299)
- Recertification fees ($194)

For the scholarship application form go to [www.cpancapa.org/scholarship/](http://www.cpancapa.org/scholarship/)